

Post Procedure Care: Surgical Excision

Surgery Site Care:

1. Following the surgery, leave the dressing or bandage in place for 24-48 hours, keeping it clean and dry.
2. 24-48 hours after surgery, perform the following wound care to the site:
 - a. Wash the affected area with a mild cleanser.
 - b. Pat dry.
 - c. Apply Vaseline petroleum jelly or Aquaphor to the site. Due to an increased risk of allergic reactions, do not use Neosporin.
 - d. Cover with a new bandage.
 - e. Repeat daily until the sutures have been removed and the site has healed over.

Limitations on Activities:

1. Avoid heavy lifting and strenuous activity until sutures are removed, usually 1-2 weeks.
2. Do not take a bath, soak in a hot tub, go swimming, or submerge the surgery site under water until the sutures have been removed, usually 1-2 weeks.

Pain Management:

1. For any pain or discomfort after the procedure, you may take acetaminophen (Tylenol or Extra Strength Tylenol), following the instructions on the packaging.

Call our office if:

1. If bleeding occurs, hold firm pressure with a gauze to the site for 10-20 minutes. If the bleeding does not stop after 20 minutes of firm pressure, call our office.
2. Call our office for any signs of infection including:
 - a. pus or increased drainage
 - b. increased pain around the surgical site
 - c. increased redness or red streaks that develops around the surgical site
 - d. swollen lymph nodes near the surgical site
 - e. fever
3. If you have not received your results 14 days after your procedure, please call our office.